

**“Club of Excellence Award”  
2006**

**SUBMISSION**

**from**

**Metro Club 15**



## Club of Excellence Award 2005 - 2006

### PART ONE Achievement Statistics for Metropolitan Clubs

	Base Points	Oct 2005	Nov 2005	Dec 2005	Jan 2006	Feb	Mar	Apr	May	Jun	July	Aug	Sept	Total Score
Active paid-up membership as at membership review	5 points per Member			25						22				235
Number of new members registered each month.	10 points per Member		1								2	1		40
MEMBER attendance at meetings for month (sum of average weekly attendance for month)	5 points per Member	61	87	36	38	53	53	36	54	46	53	43	37	2985
VISITOR (prospective member) attendance at meetings for month (sum of average weekly attendance for month)	5 points per PROSPECTIVE MEMBER	4	9	2	2	3	6	0	8	6	9	6	5	300
Personal Development Program - completions in the semester	5 points per Member			1										5
Intermediate Development Program - completions in the semester	10 points per Member									1				10
Advanced Development Program – new registrations in the semester	10 points per Member													
Advanced Development Program - completions in the semester	10 points per Member													
No of Active Critics in the semester (practicing as Club critic and/or at external Club)	20 points per Critic			5						5				200
No of new Critics Accredited in the semester	20 points per Critic													
No of Critics Re-accredited in the semester	20 points per Critic													
Attendance at Critics Training weekend workshop (as trainee or presenter).	20 points per Critic								3					60
Attendance at Training Council Quarterly meeting (as critic or presenter)	10 points per Critic													
Attendance at Training Council quarterly workshop (as Club member, critic or presenter).	10 Points per member													
Attendance at Training Council short courses (as Club member, critic or presenter - monthly or specific subject)	10 Points per member					3			2					50
Attendance at Dais meeting (as Dais representative or proxy - AGM same meeting).	20 Points per Dais Rep		2			2		2				2		160
Attendance at Club Executive Training Workshop (as Club Member or presenter)	10 Points per member					5								50
Attendance at Autumn Convention (as competitor, adjudicator or Club Member)	10 points per Member						4							40
Participation in AGSOY competition (as a competitor or adjudicator) at heats and semi finals.	10 points per Member	2										8	2	120
Attendance at AGSOY Final function (as a competitor, adjudicator or Club Member in audience)	10 points per Member		15											150
Attendance at Rostrum VOY (as an adjudicator or Club Member in audience - includes heats & finals).	10 points per Member							1						10
Attendance at ANZAC Day debate (as a competitor, adjudicator or Club Member in audience)	10 points per Member							18						180
Attendance at Tall Stories competition (as a competitor, adjudicator or Club Member in audience)	10 points per Member									10				100
Attendance at Other Designated Rostrum Function – Adjudicator’s Workshop.	10 points per Member								2					20
<b>TOTAL:</b>														<b>4715</b>

**Club of Excellence Award**  
**PART TWO - INTERNAL ACTIVITIES AND INNOVATIONS**

**Section 1. EFFECTIVENESS OF THE ACTIVITY IN PROMOTING THE AIMS OF ROSTRUM AND ENRICH THE FELLOWSHIP OF MEMBERS IN THE CLUB.**

**IMPORTANT NOTE:-**

All ACTIVITIES to be prefaced by **OBJECTIVE** (to be stated) and **RESULT/OUTCOME** (to be clearly stated and detailed).

**Hints for completion of this section (not limited to this range):-**

- 1) Did the activity have educational impact? (teaching/learning)
- 2) Did the activity focus on public speaking, meeting procedure development?
- 3) Did the activity foster development of self-discipline of Speakers?
- 4) Did the activity promote skills at a range of levels?
- 5) Did the activity promote more or different forms of interaction?
- 6) Did the activity help members learn more about each other?

***1. AGENDAS***

**Club activity description**

The Program Director aims to create an interesting, challenging and varied agenda for weekly meetings. Whilst undertaking this task, he selects exercises for a range of skills to suit the speaker's ability and confidence at every meeting. A key part of planning the agenda is for the Program Director is to track member's progress through the PDP, IDP and ADP to ensure that those members who are progressing through one of these programmes is given preference when exercise are being allocated so that they make good progress through their programme. To aid him in this very important task, he maintains a spreadsheet for this purpose, to track exercises that each member completes during the term and to allocate speaking exercise appropriately to each member and to that members attempt a diverse range of exercises over the term.

Some of the many very interesting activities that have been held at Club 15 include a radio play, job interview, radio interview, debate, wedding speeches, backwards meeting and impromptu meeting.

The Program Director organises for the more experienced members and rostered club critics to give tutorials on an aspect of public speaking or meeting procedure. Topics such as use of overhead projector, chairmanship, impromptu speaking, and so on have been covered.

**Objective of activity**

To objective of this activity is to develop the speaking abilities of all members in line with their level of experience, their ability and their confidence level and for each member to successfully complete their PDP, IDP and ADP.

**Outcome or Result for the Club**

Club's meeting are always educational, very entertaining and enlightening and all members have either completed their PDP, IDP and ADP or else they are making good progress within their ability to completion of these programmes.

***2. ONE-PAGE-WONDERS TUTORIAL PROGRAM***

**Club activity description**

One Page Wonders is a series of 20 tutorials on various aspects of speaking and meeting procedure delivered by the Club's more experienced members. Notes from each presentation are deliberately contained to one page for quick and easy reference. Each member is given a copy to keep in a file especially provided by the Club for this purpose. Topics covered range from *Speech Structure*, *Using Your Voice* to *Chairman's Duties* and *Points of Order*.

## **Club of Excellence Award**

### **PART TWO - INTERNAL ACTIVITIES AND INNOVATIONS**

These tutorials are presented on Visitors' Night to showcase the benefits of joining Club 15 and Rostrum.

#### **Objective of activity**

To provide members with a presentation and relevant notes on an aspects of public speaking and meeting procedure, as well as an opportunity for experienced members to pass on their experience. This forum also allows newer members to conduct the tutorial, encouraging them to research the particular activity, so that the club gains a new perspective.

#### **Outcome or Result for the Club**

This has developed into an ideal opportunity for speakers to stretch their speaking skills as well as providing member with a handy and quick and easy to read reference resource on speaking skills.

### ***3. CHAIRMAN'S INSTRUCTIONS KIT***

#### **Club activity description**

Over many years, the club has develop an instruction kit containing a 16 page booklet of instructions and guides for members who are to be chairman the first time or who still request assistance when chairing a meeting. This kit includes a chairman's checklist, an all encompassing agenda, abbreviate set of the Rules Of Debate, an Aid for Club/General Business and a template for voting slips for the Club's Speaker of the Night Award.

#### **Objective of activity**

The purpose of the instruction kit is to assist the newer member to successful chair a club meeting and thus successfully complete their *PDP - Exercise 9 - Conducting a Meeting* and *IDP - Exercise 6 Chairing a Formal Part of a Club Meeting*.

#### **Outcome or Result for the Club**

This instruction kit is very popular and frequently requested by even the more experienced members.

### ***4. COMPETITION SPEAKING TUTORIAL***

#### **Club activity description:**

The club hosted a tutorial on competition speaking by Nadine McCutcheon on 11th July 2006. All members of Rostrum WA were invited to attend. .

#### **Objective of activity:**

To provide club members and visitors from other clubs with assistance for preparing and delivering a competition speech, given by the 2005 Arthur Garvey Speaker of the Year winner.

This was done also to encourage members of Rostrum WA to participate in Rostrum WA's major speaking competition, the 2006 Arthur Garvey Speaker of the Year.

#### **Outcome or Result for the club:**

A total of 25 members of Rostrum took up this excellent opportunity to improve their speaking skills and five Club members entered the Arthur Garvey Speaker of the Year Competition in 2006.

### ***5. IMPROMPTU SPEAKING TUTORIAL***

#### **Club activity description**

The Club hosted an impromptu speaking tutorial for Rostrum delivered by Speaker Mike Kapitola on 7<sup>th</sup> March 2006

## **Club of Excellence Award**

### **PART TWO - INTERNAL ACTIVITIES AND INNOVATIONS**

#### **Objective of activity**

This tutorial provided Rostrum members with a range of strategies to with handle impromptu speaking exercises in preparation for the 2006 Autumn Convention.

#### **Outcome or Result for the Club:**

A total of 18 Rostrum members took advantage of this tutorial thus indicating the demand for such a presentation. Further this gave Speaker Mike Kapitola the opportunity to present to a larger audience and to pass on his excellent experience and knowledge of impromptu speaking.

#### ***6. CHRISTMAS MEETING***

##### **Club activity description:**

Annually the club holds a joint Christmas meeting with Club 21.

The last Christmas meeting was held on 13th December 2005 with the next one schedule for 12<sup>th</sup> December 2006. This is a very entertaining meeting with a special Christmas dinner and many activities with Christmas theme. There is singing including Christmas carols, Secret Santa and a *real* Father Christmas, in all his regalia, to hand out the presents, a Christmas cake. The Club's annual awards are also present by the Club's President. In 2005, the meeting finished with a review of the year by Alan Ham.

#### **Objective of activity:**

To foster fellowship between Rostrum Clubs, deliver a set of new exercises, develop new skills and generally have a really good time.

#### **Outcome or Result for the Club:**

A very well attended great fun night when members are encouraged to try new exercises as well as adding to the success of the event it allows social interaction between members and their spouses of the two clubs.

#### ***7. VISITORS' NIGHT***

##### **Club activity description**

The club holds a monthly Visitors' nights on the first Tuesday of each month. For such meetings, an experienced member is chosen to be chairman and a tutorial is scheduled from the Club's One-Page-Wonder tutorial program.

#### **Objective of activity**

To promote Rostrum to potential members and to those interested in finding out more about Rostrum.

#### **Outcome or Result for the Club**

This is the Club's main form of membership recruitment and has been very effective in generating repeat visits and final conversion to membership

#### ***8. PRESIDENT'S BARBECUE***

##### **Club activity description**

Annual President's Barbecue for members and their families.

This is a traditional event at Club 15 and is normally hosted by the Presidents to encourage the fellowship of Rostrum to grow.

**Club of Excellence Award**  
**PART TWO - INTERNAL ACTIVITIES AND INNOVATIONS**

**Objective of activity**

To provide a social and relaxed atmosphere to allow members and their families to meet outside time restricted boundaries of the club meeting.

**Outcome or Result for the Club:**

This is a well attended event with 23 people enjoying the delights of the President's holiday home in 2006.

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**PART TWO - INTERNAL ACTIVITIES AND INNOVATIONS**

**Section 2. EFFECTIVENESS OF THE ACTIVITY IN ADDING TO THE VITALITY OF THE CLUB.**

**IMPORTANT NOTE:-**

All ACTIVITIES to be prefaced by **OBJECTIVE** (to be stated) and **RESULT/OUTCOME** (to be clearly stated and detailed).

**Hints for completion of this section (not limited to this range):-**

- 1) Did the activity facilitate fun/enjoyment?
- 2) Did the activity provide variety/difference?
- 3) Did the activity teach new skills?
- 4) Did the activity exercise previously developed skills?
- 5) Did the activity stimulate/challenge?
- 6) Did the activity provide opportunities to mix with others?

***1. AGENDAS***

**Club activity description**

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Some of the many very interesting activities that have been held at Club 15 include a radio play, job interview, radio interview, debate, wedding speeches, backwards meeting and impromptu meeting.

The Program Director organises for the more experienced members and rostered club critics to give tutorials on an aspect of public speaking or meeting procedure. Topics such as use of overhead projector, chairmanship, impromptu speaking, and so on have been covered.

**Objective of activity**

To objective of this activity is to develop the speaking abilities of all members in line with their level of experience, their ability and their confidence level and for each member to successfully complete their PDP, IDP and ADP.

**Outcome or Result for the Club**

Club's meeting are always educational, very entertaining and enlightening and all members have either completed their PDP, IDP and ADP or else they are making good progress within their ability to completion of these programmes.

***2. ONE-PAGE-WONDERS TUTORIAL PROGRAM***

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## **Club of Excellence Award**

### **PART TWO - INTERNAL ACTIVITIES AND INNOVATIONS**

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#### **Objective of activity**

To provide members with a presentation and relevant notes on an aspects of public speaking and meeting procedure, as well as an opportunity for experienced members to pass on their experience. This forum also allows newer members to conduct the tutorial, encouraging them to research the particular activity, so that the club gains a new perspective.

#### **Outcome or Result for the Club**

This has developed into an ideal opportunity for speakers to stretch their speaking skills as well as providing member with a handy and quick and easy to read reference resource on speaking skills.

### ***3. CHAIRMAN'S INSTRUCTIONS KIT***

#### **Club activity description**

Over many years, the club has develop an instruction kit containing a 16 page booklet of instructions and guides for members who are to be chairman the first time or who still request assistance when chairing a meeting. This kit includes a chairman's checklist, an all encompassing agenda, abbreviate set of the Rules Of Debate, an Aid for Club/General Business and a template for voting slips for the Club's Speaker of the Night Award.

#### **Objective of activity**

The purpose of the instruction kit is to assist the newer member to successful chair a club meeting and thus successfully complete their *PDP - Exercise 9 - Conducting a Meeting* and *IDP - Exercise 6 Chairing a Formal Part of a Club Meeting*.

#### **Outcome or Result for the Club**

This instruction kit is very popular and frequently requested by even the more experienced members.

### ***4. PRESIDENT'S BARBECUE***

#### **Club activity description**

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#### **Objective of activity**

To provide a social and relaxed atmosphere to allow members and their families to meet outside time restricted boundaries of the club meeting.

#### **Outcome or Result for the Club:**

This is a well attended event with 23 people enjoying the delights of the President's holiday home in 2006.

### ***5. MONTHLY COMMITTEE MEETINGS***

#### **Club activity description**

Monthly committee meetings

## **Club of Excellence Award**

### **PART TWO - INTERNAL ACTIVITIES AND INNOVATIONS**

#### **Objective of activity**

To plan the running of the club in a professional manner and financial secure manner, ensure the successful planning and running of the club events, especially the two major club hosted events – ANZAC Day Great Debate and Tall Stories, 2100<sup>th</sup> Club meeting jointly with Club 21, the two tutorials, upcoming events/agendas for the semester /years programme, as well as general club direction.

#### **Outcome or Result for the Club**

In 2005/2006, Club 15 again held a very successful calendar of events with minimal disruption from poor planning and unforeseen circumstances. The club's executive committee and other members (including new members) have exposure to all the skills required to steer a very successful club or association.

#### ***6. CLUB SPEAKER OF THE NIGHT AWARD***

##### **Club activity description**

This award is in the form of a professionally printed A5 certificate that is presented at the end of the meeting by the Club President to the winner. Members and visitors decide by popular vote on who presented the best speech/contribution at the meeting.

#### **Objective of activity**

It is well respected award and is a means of encouragement to new members, as well as reassurance to the more experienced members.

#### **Outcome or Result for the Club**

This is a much valued award.

#### ***7. CLUB SPEAKER OF THE YEAR COMPETITION, THE DAVID MEAD TROPHY***

##### **Club activity description**

This is awarded each year to the winner of the Club Speaker of The Year competition. The format of the competition is decided by the Committee such that all members have an opportunity to enter. The winner is decided by adjudication base on the 50/50 system by Critics who are arranged by the Committee for the occasion as laid down in the Club 15's Standing Orders.

This allows members to be involved in competition speaking of eight minutes duration at Club level so that they may progress to interclub, state and national level competitions. It emphasises the importance of speech preparation and practice. It is a prestigious award within the club history and the trophy, a silver cup, adds to the prestige of this award.

#### **Objective of activity:**

This activity is designed to give speakers the opportunity to speak in a competition and to challenge them to speak at their best be they a novice speaker or an accomplished one.

#### **Outcome or Result for the Club**

This is a very competitive and entertaining series of speeches.

#### ***8. MOST IMPROVED SPEAKER OF THE YEAR AWARD, THE MICK WRIGHT TROPHY***

##### **Club activity description**

This is awarded each year to the most improved speaker over the previous twelve months. The winner is selected by the Club's rostered Critics in consultation with the accredited critics from within the Club as laid down in the Club 15's Standing Orders.

## **Club of Excellence Award**

### **PART TWO - INTERNAL ACTIVITIES AND INNOVATIONS**

#### **Objective of activity**

This award recognizes that member who has made the greatest improvement in their speaking skills during the past twelve months. It encourages members to develop their skills and confidence continually over the year. The trophy (a large timber honour board) adds to the prestige of this award and thus provides an extra incentive to members to improve all year.

#### **Outcome or Result for the Club:**

It is a prestigious and much sought after award as it is very challenging to win as it is assess on the members progress over the whole year.

#### ***9. WORD WATCHER EXERCISE***

##### **Club activity description**

Word Watcher for the meeting is to come up with a word that speakers may or may not know but all can use during the evening in their exercises. That is the word should not be very difficult to use however it should be challenging to use in a speech.

#### **Objective of activity**

The purpose of this exercise is to introduce a word to the meeting, including its definition with examples of its usage and then to encourage speakers to use the word in their speeches thus increasing the adaptability, confidence, use of a wider variety of words.

Further challenge members to include something in their presentations that was not necessarily planned. This gives speakers the additional ability to be able to do minor adjustments to their exercise.

#### **Outcome or Result for the Club**

This is a very interesting and entertaining exercise in which most members frequently participate.

#### ***10. BIG EARS EXERCISE***

##### **Club activity description**

The presenter for *Big Ears* listens to all presentations so that he may ask the meeting eight to ten questions related to the meetings exercises at the end of the meeting.

#### **Objective of activity**

To increase the listening skills of those present.

#### **Outcome or Result for the Club**

Promotion of this listening exercise gives speakers confidence that their presentations are being listened to and that what they say is important. There is a keen interest by members to demonstrate that they have been listening.

#### ***11. CLUB BANNER***

##### **Club activity description**

Club Banner denotes and highlights major awards and milestones for the club and its members.

#### **Objective of activity**

As this is displayed at all our major Club functions it is a means of sharing some of the history of the club and is a means of acknowledging those contributors who have made a significant impact on the club's continuing success over many years.

**Club of Excellence Award**  
**PART TWO - INTERNAL ACTIVITIES AND INNOVATIONS**

**Outcome or Result for the Club**

This is a form of marketing and promotion of not only our Club but also Rostrum in general. By acknowledging Rostrum Club 15 members exceptional achievements and milestones we are showcasing possible outcomes for any prospective members.

***12. CLUB STRATEGIC PLAN***

**Club activity description**

Under the guidance of Barbara Thomas and Kathleen Hansby, the club developed a very comprehensive strategic plan.

**Objective of activity**

To focus the club's committee, members and its resources on to best develop the club, its members and increase its membership.

**Outcome or Result for the Club**

Whilst this was new to most Club 15 members, the club performed well compared to this, its strategic plan first in many years, with members attendance at club meetings up significantly on 2005.

**Club of Excellence Award**  
**PART TWO - INTERNAL ACTIVITIES AND INNOVATIONS**

**Section 3. EFFECTIVENESS IN PROVIDING ADDITIONAL SPEAKING OPPORTUNITIES**  
**WITHIN THE CLUB ACTIVITIES.**

**IMPORTANT NOTE:-**

All ACTIVITIES to be prefaced by **OBJECTIVE** (to be stated) and **RESULT/OUTCOME** (to be clearly stated and detailed)

**Hints for completion of this section (but not limited to this range):-**

- 1) Did the activity involve additional/different people?
- 2) Did the activity introduce new formats?
- 3) Did the activity challenge Speakers to develop different skills?
- 4) Did the activity provide practice for speeches of varied length?
- 5) Did the activity include members of other Clubs?

***1. ANZAC DAY GREAT DEBATE***

**Club activity description Club activity description**

The Club hosts ANZAC Day Great Debate held on 25<sup>th</sup> April 2005 to share in the Spirit of the ANZAC with other Rostrum members and the community with The Ode, Last Post, Reveille and Readings, a Guest Speaker and a debate between two Rostrum clubs.

As the Club's members are involved in planning and preparing this event it is a way of expanding their organisational and teamwork skills. By participating in it (readings, Master of Ceremonies, Chairman of Debate), it is a forum to expand their speaking skills in front of a much larger audience in a different environment.

**Objective of activity:**

This is a means of honouring ANZAC Day and at the same time provides an opportunity for Rostrum members to practise and further develop their speaking skills and confidence by presenting to a large audience.

Further it increases the fellowship of Rostrum.

**Outcome or Result for the Club**

It was a great success in 2006 with 96 guests attending.

***2. TALL STORIES COMPETITION***

**Club activity description**

The club hosted Tall Stories Competition held on 19<sup>th</sup> June 2005. This is a speaking competition with humorous speeches of six minutes duration. This event is held in the evening with dinner.

As our members are involved in planning and preparing this event it is a way of expanding their organisational and teamwork skills. By participating in it (Master of Ceremonies, Chairman of Competition), it is a forum to expand their speaking skills to a much larger audience in a different environment.

**Objective of activity**

The aim when developing this is to provide a speaking competition to Rostrum members in term 1 of a format deliberately different to the Arthur Garvey Speaker of the Year competition being significantly shorter in duration however still longer than that delivered in most clubs and having humorous content.

The main aims re:

To provide a forum for speakers to practice and demonstrate their public speaking abilities.

To provide an opportunity to learn by observing the more proficient speakers who have benefited from public speaking training.

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### **PART TWO - INTERNAL ACTIVITIES AND INNOVATIONS**

To recognize the value of humour in speaking as well as a touch of the outrageous.

To promote fellowship amongst Rostrum Clubs and public speakers. Further it increases the fellowship of Rostrum.

#### **Outcome or Result for the Club**

It was a great success with 115 guests attending in 2006.

### ***3. HOSTED TWO HEATS OF ARTHUR GARVEY SPEAKER OF THE YEAR COMPETITION***

#### **Club activity description**

The club hosted two heats of the Arthur Garvey Speaker of the Year Competition.

#### **Objective of activity**

To support Rostrum WA and the Arthur Garvey Speaking competition. Chair a larger meeting of familiar and unfamiliar faces.

#### **Outcome or Result for the Club**

This allowed members to preview some quality speeches and participate in the lead up to the Arthur Garvey Competition. A total of 20 attended the first heat and 18 attended the second heat and the Club provided one adjudicator for each heat.

### ***4. COMPETITION SPEAKING TUTORIAL***

#### **Club activity description:**

The club hosted a tutorial on competition speaking by Nadine McCutcheon on 11th July 2006. All members of Rostrum WA were invited to attend. .

#### **Objective of activity:**

To provide club members and visitors from other clubs with assistance for preparing and delivering a competition speech, given by the 2005 Arthur Garvey Speaker of the Year winner.

This was done also to encourage members of Rostrum WA to participate in Rostrum WA's major speaking competition, the 2006 Arthur Garvey Speaker of the Year.

#### **Outcome or Result for the club:**

A total of 25 members of Rostrum took up this excellent opportunity to improve their speaking skills and five Club members entered the Arthur Garvey Speaker of the Year Competition in 2006.

### ***5. IMPROMPTU SPEAKING TUTORIAL***

#### **Club activity description**

The Club hosted an impromptu speaking tutorial for Rostrum delivered by Speaker Mike Kapitola on 7<sup>th</sup> March 2006

#### **Objective of activity**

This tutorial provided Rostrum members with a range of strategies to with handle impromptu speaking exercises in preparation for the 2006 Autumn Convention.

#### **Outcome or Result for the Club:**

A total of 18 Rostrum members took advantage of this tutorial thus indicating the demand for such a presentation. Further this gave Speaker Mike Kapitola the opportunity to present to a larger audience and to pass on his excellent experience and knowledge of impromptu speaking.

**Club of Excellence Award**  
**PART TWO - INTERNAL ACTIVITIES AND INNOVATIONS**

**Section 4. EFFECTIVENESS IN PROVIDING ADDITIONAL LEARNING EXPERIENCES**  
**WITHIN THE CLUB ACTIVITIES**

**IMPORTANT NOTE:-**

All ACTIVITIES to be prefaced by **OBJECTIVE** (to be stated) and **RESULT/OUTCOME** (to be clearly stated and detailed)

**Hints for completion of this section (but not limited to this range):-**

- 1) Did the activity include formal training? (*e.g. mentoring/chairmanship/debating/presentation techniques*)
- 2) Did the activity promote creativity?
- 3) Did the activity provide structured feedback (repeat the exercise following feedback)?
- 4) Did the activity set specific learning goals?

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**Objective of activity**

This tutorial provided Rostrum members with a range of strategies to with handle impromptu speaking exercises in preparation for the 2006 Autumn Convention.

**Outcome or Result for the Club:**

A total of 18 Rostrum members took advantage of this tutorial thus indicating the demand for such a presentation. Further this gave Speaker Mike Kapitola the opportunity to present to a larger audience and to pass on his excellent experience and knowledge of impromptu speaking.

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These tutorials are presented on Visitors' Night to showcase the benefits of joining Club 15 and Rostrum.

**Objective of activity**

To provide members with a presentation and relevant notes on an aspects of public speaking and meeting procedure, as well as an opportunity for experienced members to pass on their experience. This forum also allows newer members to conduct the tutorial, encouraging them to research the particular activity, so that the club gains a new perspective.

**Outcome or Result for the Club**

This has developed into an ideal opportunity for speakers to stretch their speaking skills as well as providing member with a handy and quick and easy to read reference resource on speaking skills.

**Club of Excellence Award**  
**PART THREE - EXTERNAL ACTIVITIES AND INNOVATIONS**

**Section 1. EFFECTIVENESS OF THE ACTIVITY IN PROMOTING THE AIMS OF  
ROSTRUM EXTERNAL TO THE CLUB**

**IMPORTANT NOTE:-**

All ACTIVITIES to be prefaced by **OBJECTIVE** (to be stated) and **RESULT/OUTCOME** (to be clearly stated and detailed).

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1. Did the activity have educational impact? (teaching / learning?)
2. Did the activity focus on the value of public speaking, meeting procedure development?
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**Outcome or Result for the club:**

A total of 25 members of Rostrum took up this excellent opportunity to improve their speaking skills and five Club members entered the Arthur Garvey Speaker of the Year Competition in 2006.

***2. IMPROMPTU SPEAKING TUTORIAL***

**Club activity description**

The Club hosted an impromptu speaking tutorial for Rostrum delivered by Speaker Mike Kapitola on 7<sup>th</sup> March 2006

**Objective of activity**

This tutorial provided Rostrum members with a range of strategies to with handle impromptu speaking exercises in preparation for the 2006 Autumn Convention.

**Outcome or Result for the Club:**

A total of 18 Rostrum members took advantage of this tutorial thus indicating the demand for such a presentation. Further this gave Speaker Mike Kapitola the opportunity to present to a larger audience and to pass on his excellent experience and knowledge of impromptu speaking.

***3. MEMBERS ATTENDANCE AT THE FINALS OF THE ARTHUR GARVEY SPEAKER OF THE YEAR COMPETITION IN 2005.***

**Club activity description**

To encourage all members to attend this very significant event in the Rostrum calendar, in 2005 the club voted to pay the full cost of this event.

**Objective of activity**

To support this competition, support the club's two entrants in the finals and support Rostrum.

**Club of Excellence Award**  
**PART THREE - EXTERNAL ACTIVITIES AND INNOVATIONS**

**Outcome or Result for the Club**

An excellent outcome with 15 members of the club attending this event.

***4. MEMBERS ATTENDANCE AT THE NATIONAL CONVENTION IN 2005.***

**Club activity description**

The club voted to provide members with a 50% subsidy of attendance costs of National Convention

**Objective of activity**

Encourage members to attend Nation Convention and support Rostrum.

**Outcome or Result for the Club**

8 members attended the conventions and two members, Alan Ham and Mark Roberts, were presenters.

***5. ENTRY INTO ARTHUR GARVEY SPEAKER OF THE YEAR COMPETITION 2005***

**Club activity description**

Members were encouraged to entry into the competition in 2006 with the club paying the full entry fee.

**Objective of activity**

To encourage members to enter this competition to improve their skills and confidence.

**Outcome or Result for the Club**

Five members spoke in the heats of the competition and two went onto the semi finals and one, Terry O'Meara will compete in 2006 finals.

**Club of Excellence Award**  
**PART THREE - EXTERNAL ACTIVITIES AND INNOVATIONS**

**Section 2. EFFECTIVENESS IN PROMOTING ROSTRUM IN THE COMMUNITY**  
**EXTERNAL TO THE CLUB**

**IMPORTANT NOTE:-**

All ACTIVITIES to be prefaced by **OBJECTIVE** (to be stated) and **RESULT/OUTCOME** (to be clearly stated and detailed).

**Hints for completion of this section (not limited to this range):-**

1. Did the activity involve people outside Rostrum?
2. Did the activity promote Rostrum as a training organization?
3. Did the activity advertise and present Rostrum professionally?
4. Did the activity give visitors a lasting positive impression of Rostrum?
5. Did the activity provide accurate and relevant information about Rostrum?

***1. ANZAC DAY GREAT DEBATE***

**Club activity description Club activity description**

The Club hosts ANZAC Day Great Debate held on 25<sup>th</sup> April 2005 to share in the Spirit of the ANZAC with other Rostrum members and the community with The Ode, Last Post, Reveille and Readings, a Guest Speaker and a debate between two Rostrum clubs.

As the Club's members are involved in planning and preparing this event it is a way of expanding their organisational and teamwork skills. By participating in it (readings, Master of Ceremonies, Chairman of Debate), it is a forum to expand their speaking skills in front of a much larger audience in a different environment.

**Objective of activity:**

This is a means of honouring ANZAC Day and at the same time provides an opportunity for Rostrum members to practise and further develop their speaking skills and confidence by presenting to a large audience.

Further it increases the fellowship of Rostrum.

**Outcome or Result for the Club**

It was a great success in 2006 with 96 guests attending.

***2. TALL STORIES COMPETITION***

**Club activity description**

The club hosted Tall Stories Competition held on 19<sup>th</sup> June 2005. This is a speaking competition with humorous speeches of six minutes duration. This event is held in the evening with dinner.

As our members are involved in planning and preparing this event it is a way of expanding their organisational and teamwork skills. By participating in it (Master of Ceremonies, Chairman of Competition), it is a forum to expand their speaking skills to a much larger audience in a different environment.

**Objective of activity**

The aim when developing this is to provide a speaking competition to Rostrum members in term 1 of a format deliberately different to the Arthur Garvey Speaker of the Year competition being significantly shorter in duration however still longer than that delivered in most clubs and having humorous content.

The main aims re:

To provide a forum for speakers to practice and demonstrate their public speaking abilities.

To provide an opportunity to learn by observing the more proficient speakers who have benefited from public speaking training.

## **Club of Excellence Award**

### **PART THREE - EXTERNAL ACTIVITIES AND INNOVATIONS**

To recognize the value of humour in speaking as well as a touch of the outrageous.

To promote fellowship amongst Rostrum Clubs and public speakers. Further it increases the fellowship of Rostrum.

#### **Outcome or Result for the Club**

It was a great success with 115 guests attending in 2006.

#### ***3. CLUB FLYER***

##### **Club activity description**

External advertising via club developed flyer, posters and newspaper advertisements in Southern Community News.

##### **Objective of activity**

Promotion of Rostrum and recruitment of members.

#### **Outcome or Result for the Club**

As well as inviting visitors to Rostrum meetings we have had an ongoing campaign of external promotion via flyers, posters and community newspaper ads. This has resulted in new members joining Club 15 and is an ongoing source of potential new members.

#### ***4. SPONSORSHIP***

##### **Club activity description**

Seeking sponsorship of ANZAC Day and Tall Stories functions from local businesses

##### **Objective of activity**

As well as financial benefits it is linking/networking Rostrum into the local business community.

#### **Outcome or Result for the Club**

By being supported by respected sponsors it is adding credibility to the clubs standing.

#### ***5. CLUB WEBSITE***

##### **Club activity description**

Development of Club Web site at <http://www.rostrumclub15.iinet.net.au/> . It provides information about the club and Rostrum, information on the club hosted events, Tall Stories and ANZAC Day Great Debate, and provides resources for public speaking and links to other related websites. Furthermore, club contact details are provided including club email address, [contact@rostrumclub15.iinet.net.au](mailto:contact@rostrumclub15.iinet.net.au), should the visitor require more information.

##### **Objective of activity**

To attract more visitors to the club and provide a convenient way to distribute information about the club and its two hosted state events, Tall Stories and ANZAC Day Great Debate.

#### **Outcome or Result for the Club**

It has assisted in promoting the club with several guests having visited the website prior to visiting the club.

#### ***6. LEAFLET DROP***

##### **Club activity description**

Club 15 members delivered 2,000 club leaflets to businesses and homes in the Victoria Park area in the vicinity of Albany Highway.

**Club of Excellence Award**  
**PART THREE - EXTERNAL ACTIVITIES AND INNOVATIONS**

**Objective of activity**

To promote Rostrum and increase the number of visitors to Club 15 with the aim to increase club membership from local people.

**Outcome or Result for the Club**

Increased numbers of visitors to the Club.

***7. SANTA MARIA COLLEGE SPEAKING COMPETITION***

**Club activity description**

Speaker Richard Danks was adjudicator at Santa Maria College Speaking Competition.

**Objective of activity**

Provision of adjudication services within the community, promote Rostrum and give Richard Danks the challenge of presenting at a much larger audience.

**Outcome or Result for the Club**

Positive promotion of Rostrum in the community at large.

***8. KALAMUNDA AGRICULTURAL SHOW***

**Club activity description**

Mathew Lane volunteered to be announcer at Kalamunda Agricultural Show

**Objective of activity**

Provision of announcer within the community, promote Rostrum and give Mathew Lane the challenge of presenting at a much larger audience.

**Outcome or Result for the Club**

Positive promotion of Rostrum in the community at large.

***9. TOWN OF VICTORIA PARK'S DIESEL UNPLUGGED CONCERT***

**Club activity description**

Mark Roberts was the announcer at this free Victoria Park concert

**Objective of activity**

Provision of announcer within the community, promote Rostrum and give Mark Roberts the challenge of presenting at a much larger audience.

**Outcome or Result for the Club**

Positive promotion of Rostrum in the community at large.

***10. FACILITATOR AT DEPRESSION GROUP***

**Club activity description**

Brain Fay was a facilitator at the monthly meeting of this workshop.

**Objective of activity**

The aim is to help the attendees better manage their depression and go on to lead a more normal life.

**Outcome or Result for the Club**

A popular and well attended workshop

**Club of Excellence Award**  
**PART THREE - EXTERNAL ACTIVITIES AND INNOVATIONS**

***11. LION'S YOUTH OF YEAR QUEST***

**Club activity description**

Speaker Alan Ham was adjudicator at Lion's Youth of Year Quest on 18<sup>th</sup> and 25<sup>th</sup> of February 2006.

**Objective of activity**

Provision of adjudication services within the community, promote Rostrum and give Alan Ham the challenge of presenting at a much larger audience.

**Outcome or Result for the Club**

Positive promotion of Rostrum in the community at large.

**Club of Excellence Award**  
**PART THREE - EXTERNAL ACTIVITIES AND INNOVATIONS**

**Section 3. EFFECTIVENESS IN PROMOTING FELLOWSHIP IN ROSTRUM EXTERNAL TO THE CLUB.**

**IMPORTANT NOTE:-**

All ACTIVITIES to be prefaced by **OBJECTIVE** (to be stated) and **RESULT/OUTCOME** (to be clearly stated and detailed)

**Hints for completion of this section (but not limited to this range):-**

1. Did the activity invite / include members of other Clubs?
2. Did the activity encourage members to visit other Clubs?
3. Did the activity provide the opportunities for members to interact more / differently?
4. Did the activity help members to share experiences?

***1. ANZAC DAY GREAT DEBATE***

**Club activity description Club activity description**

The Club hosts ANZAC Day Great Debate held on 25<sup>th</sup> April 2005 to share in the Spirit of the ANZAC with other Rostrum members and the community with The Ode, Last Post, Reveille and Readings, a Guest Speaker and a debate between two Rostrum clubs.

As the Club's members are involved in planning and preparing this event it is a way of expanding their organisational and teamwork skills. By participating in it (readings, Master of Ceremonies, Chairman of Debate), it is a forum to expand their speaking skills in front of a much larger audience in a different environment.

**Objective of activity:**

This is a means of honouring ANZAC Day and at the same time provides an opportunity for Rostrum members to practise and further develop their speaking skills and confidence by presenting to a large audience.

Further it increases the fellowship of Rostrum.

**Outcome or Result for the Club**

It was a great success in 2006 with 96 guests attending.

***2. TALL STORIES COMPETITION***

**Club activity description**

The club hosted Tall Stories Competition held on 19<sup>th</sup> June 2005. This is a speaking competition with humorous speeches of six minutes duration. This event is held in the evening with dinner.

As our members are involved in planning and preparing this event it is a way of expanding their organisational and teamwork skills. By participating in it (Master of Ceremonies, Chairman of Competition), it is a forum to expand their speaking skills to a much larger audience in a different environment.

**Objective of activity**

The aim when developing this is to provide a speaking competition to Rostrum members in term 1 of a format deliberately different to the Arthur Garvey Speaker of the Year competition being significantly shorter in duration however still longer than that delivered in most clubs and having humorous content.

The main aims re:

- To provide a forum for speakers to practice and demonstrate their public speaking abilities.
- To provide an opportunity to learn by observing the more proficient speakers who have benefited from public speaking training.
- To recognize the value of humour in speaking as well as a touch of the outrageous.

## **Club of Excellence Award**

### **PART THREE - EXTERNAL ACTIVITIES AND INNOVATIONS**

To promote fellowship amongst Rostrum Clubs and public speakers. Further it increases the fellowship of Rostrum.

#### **Outcome or Result for the Club**

It was a great success with 115 guests attending in 2006.

#### ***3. COMPETITION SPEAKING TUTORIAL***

##### **Club activity description:**

The club hosted a tutorial on competition speaking by Nadine McCutcheon on 11th July 2006. All members of Rostrum WA were invited to attend. .

##### **Objective of activity:**

To provide club members and visitors from other clubs with assistance for preparing and delivering a competition speech, given by the 2005 Arthur Garvey Speaker of the Year winner.

This was done also to encourage members of Rostrum WA to participate in Rostrum WA's major speaking competition, the 2006 Arthur Garvey Speaker of the Year.

##### **Outcome or Result for the club:**

A total of 25 members of Rostrum took up this excellent opportunity to improve their speaking skills and five Club members entered the Arthur Garvey Speaker of the Year Competition in 2006.

#### ***4. IMPROMPTU SPEAKING TUTORIAL***

##### **Club activity description**

The Club hosted an impromptu speaking tutorial for Rostrum delivered by Speaker Mike Kapitola on 7<sup>th</sup> March 2006

##### **Objective of activity**

This tutorial provided Rostrum members with a range of strategies to with handle impromptu speaking exercises in preparation for the 2006 Autumn Convention.

##### **Outcome or Result for the Club:**

A total of 18 Rostrum members took advantage of this tutorial thus indicating the demand for such a presentation. Further this gave Speaker Mike Kapitola the opportunity to present to a larger audience and to pass on his excellent experience and knowledge of impromptu speaking.

#### ***5. HOSTED TWO HEATS OF ARTHUR GARVEY SPEAKER OF THE YEAR COMPETITION***

##### **Club activity description**

The club hosted two heats of the Arthur Garvey Speaker of the Year Competition.

##### **Objective of activity**

To support Rostrum WA and the Arthur Garvey Speaking competition. Chair a larger meeting of familiar and unfamiliar faces.

##### **Outcome or Result for the Club**

This allowed members to preview some quality speeches and participate in the lead up to the Arthur Garvey Competition. A total of 20 attended the first heat and 18 attended the second heat and the Club provided one adjudicator for each heat.

## **Club of Excellence Award**

### **PART THREE - EXTERNAL ACTIVITIES AND INNOVATIONS**

#### ***6. 2006 AUTUMN CONVENTION***

##### **Club activity description**

The club voted to subsidise cost of attending this event by \$50 for 2006.

##### **Objective of activity**

To encourage the Club's members to attend the 2006 Autumn Convention enrich the fellowship of Rostrum, develop new skills, enhance existing skills and challenge member's confidence in a friendly environment of competition. By supporting and participating in the convention the club members have opportunities to speak to a larger audience, meet members from other clubs and engage in social interaction.

##### **Outcome or Result for the Club**

Four members attended the 2006 Autumn Convention with full members' participation in all its activities.

The Club came second in the Decathlon, two members came second in their category of the Club Challenge and Terry O'Meara won the "I fell strongly" exercise.

#### ***7. CHRISTMAS MEETING***

##### **Club activity description:**

Annually the club holds a joint Christmas meeting with Club 21.

The last Christmas meeting was held on 13th December 2005 with the next one schedule for 12<sup>th</sup> December 2006. This is a very entertaining meeting with a special Christmas dinner and many activities with Christmas theme. There is singing including Christmas carols, Secret Santa and a *real* Father Christmas, in all his regalia, to hand out the presents, a Christmas cake. The Club's annual awards are also present by the Club's President. In 2005, the meeting finished with a review of the year by Alan Ham.

##### **Objective of activity:**

To foster fellowship between Rostrum Clubs, deliver a set of new exercises, develop new skills and generally have a really good time.

##### **Outcome or Result for the Club:**

A very well attended great fun night when members are encouraged to try new exercises as well as adding to the success of the event it allows social interaction between members and their spouses of the two clubs.

#### ***8. CLUB 15'S 2100<sup>TH</sup> MEETING ON 18<sup>TH</sup> JULY 2006***

##### **Club activity description**

A special joint meeting with Club 21 to celebrate Club 15's 2100<sup>th</sup> meeting. Members from both clubs presented speeches, there was the induction and cutting of birthday cake by two new members of club 15.

##### **Objective of activity**

The purpose was to celebrate this significant milestone and give members of both clubs the opportunity to try different exercises in front of a larger audience.

##### **Outcome or Result for the Club**

24 Rostrum members including the President of Rostrum WA, Freeman Gloria Hancock, joined Club 15 in celebrating its 21<sup>st</sup> meeting.

#### ***9. CLUB 15'S 44<sup>TH</sup> BIRTHDAY***

##### **Club activity description**

Special meeting to celebrate Club 15's 44<sup>th</sup> birthday with other Rostrum members held on 5<sup>th</sup> September 2006.

**Club of Excellence Award**  
**PART THREE - EXTERNAL ACTIVITIES AND INNOVATIONS**

**Objective of activity**

To celebrate with members from other clubs this significant milestone and give all Rostrum members the opportunity to try different exercises in front of a larger audience.

**Outcome or Result for the Club**

Great fun and a well attended event.

***10. POINT OF ORDER TUTORIAL***

**Club activity description**

Mark Roberts presented Club 15's One-Page-Wonder Tutorial on Point of Order tutorial to Clubs 22 and 54 on 14<sup>th</sup> August 2006.

**Objective of activity**

To deliver a tutorial on an aspect of chairmanship to Rostrum members so that they may better understand the role of the chairman and how they too might be better chairman and members of Rostrum and other clubs.

**Outcome or Result for the Club**

Well attended and successful tutorial.

***11. CLUB OF EXCELLENCE TUTORIAL***

**Club activity description**

Alan Ham presented a tutorial on Club of Excellence award to Club 22.

**Objective of activity**

To assist the members of Club 22 to improve their club and their submission in the 2006 Club of Excellence Award.

**Outcome or Result for the Club**

Well attended and successful tutorial.

***12. ONE PAGE WONDER TUTORIAL – CHAIRMANSHIP SKILLS***

**Club activity description**

Alan Ham delivered a tutorial to Club 22 on an aspect of chairmanship on 13<sup>th</sup> March 2006.

**Objective of activity**

To assist the members of Club 22 to improve their chairmanship skills.

**Outcome or Result for the Club**

Well attended and successful tutorial.

**Club of Excellence Award**  
**PART THREE - EXTERNAL ACTIVITIES AND INNOVATIONS**

**Section 4. EFFECTIVENESS IN PROVIDING ADDITIONAL SPEAKING & LEARNING EXPERIENCES EXTERNAL TO THE CLUB**

**IMPORTANT NOTE:-**

All activities to be prefaced by **OBJECTIVE** (to be stated) and **RESULT/OUTCOME** (to be clearly stated and detailed)

**Hints for completion of this section (but not limited to this range):-**

1. Did the activity involve additional / different people?
2. Did the activity challenge experienced Speakers?
3. Did the activity demonstrate a variety of presentation styles / types?
4. Did the activity provide diversity in the duration of speaking activities?

***1. ANZAC DAY GREAT DEBATE***

**Club activity description Club activity description**

The Club hosts ANZAC Day Great Debate held on 25<sup>th</sup> April 2005 to share in the Spirit of the ANZAC with other Rostrum members and the community with The Ode, Last Post, Reveille and Readings, a Guest Speaker and a debate between two Rostrum clubs.

As the Club's members are involved in planning and preparing this event it is a way of expanding their organisational and teamwork skills. By participating in it (readings, Master of Ceremonies, Chairman of Debate), it is a forum to expand their speaking skills in front of a much larger audience in a different environment.

**Objective of activity:**

This is a means of honouring ANZAC Day and at the same time provides an opportunity for Rostrum members to practise and further develop their speaking skills and confidence by presenting to a large audience.

Further it increases the fellowship of Rostrum.

**Outcome or Result for the Club**

It was a great success in 2006 with 96 guests attending.

***2. TALL STORIES COMPETITION***

**Club activity description**

The club hosted Tall Stories Competition held on 19<sup>th</sup> June 2005. This is a speaking competition with humorous speeches of six minutes duration. This event is held in the evening with dinner.

As our members are involved in planning and preparing this event it is a way of expanding their organisational and teamwork skills. By participating in it (Master of Ceremonies, Chairman of Competition), it is a forum to expand their speaking skills to a much larger audience in a different environment.

**Objective of activity**

The aim when developing this is to provide a speaking competition to Rostrum members in term 1 of a format deliberately different to the Arthur Garvey Speaker of the Year competition being significantly shorter in duration however still longer than that delivered in most clubs and having humorous content.

The main aims re:

To provide a forum for speakers to practice and demonstrate their public speaking abilities.

To provide an opportunity to learn by observing the more proficient speakers who have benefited from public speaking training.

To recognize the value of humour in speaking as well as a touch of the outrageous.

To promote fellowship amongst Rostrum Clubs and public speakers. Further it increases the fellowship of Rostrum.

**Outcome or Result for the Club**

It was a great success with 115 guests attending in 2006.

## **Club of Excellence Award**

### **PART THREE - EXTERNAL ACTIVITIES AND INNOVATIONS**

#### ***3. COMPETITION SPEAKING TUTORIAL***

##### **Club activity description:**

The club hosted a tutorial on competition speaking by Nadine McCutcheon on 11th July 2006. All members of Rostrum WA were invited to attend. .

##### **Objective of activity:**

To provide club members and visitors from other clubs with assistance for preparing and delivering a competition speech, given by the 2005 Arthur Garvey Speaker of the Year winner.

This was done also to encourage members of Rostrum WA to participate in Rostrum WA's major speaking competition, the 2006 Arthur Garvey Speaker of the Year.

##### **Outcome or Result for the club:**

A total of 25 members of Rostrum took up this excellent opportunity to improve their speaking skills and five Club members entered the Arthur Garvey Speaker of the Year Competition in 2006.

#### ***4. IMPROMPTU SPEAKING TUTORIAL***

##### **Club activity description**

The Club hosted an impromptu speaking tutorial for Rostrum delivered by Speaker Mike Kapitola on 7<sup>th</sup> March 2006

##### **Objective of activity**

This tutorial provided Rostrum members with a range of strategies to with handle impromptu speaking exercises in preparation for the 2006 Autumn Convention.

##### **Outcome or Result for the Club:**

A total of 18 Rostrum members took advantage of this tutorial thus indicating the demand for such a presentation. Further this gave Speaker Mike Kapitola the opportunity to present to a larger audience and to pass on his excellent experience and knowledge of impromptu speaking.

#### ***5. HOSTED TWO HEATS OF ARTHUR GARVEY SPEAKER OF THE YEAR COMPETITION***

##### **Club activity description**

The club hosted two heats of the Arthur Garvey Speaker of the Year Competition.

##### **Objective of activity**

To support Rostrum WA and the Arthur Garvey Speaking competition. Chair a larger meeting of familiar and unfamiliar faces.

##### **Outcome or Result for the Club**

This allowed members to preview some quality speeches and participate in the lead up to the Arthur Garvey Competition. A total of 20 attended the first heat and 18 attended the second heat and the Club provided one adjudicator for each heat.

#### ***6. 2006 AUTUMN CONVENTION***

##### **Club activity description**

The club voted to subsidise cost of attending this event by \$50 for 2006.

##### **Objective of activity**

To encourage the Club's members to attend the 2006 Autumn Convention enrich the fellowship of Rostrum, develop new skills, enhance existing skills and challenge member's confidence in a friendly environment of competition. By supporting and participating in the convention the club members have opportunities to speak to a larger audience, meet members from other clubs and engage in social interaction.

## **Club of Excellence Award**

### **PART THREE - EXTERNAL ACTIVITIES AND INNOVATIONS**

#### **Outcome or Result for the Club**

Four members attended the 2006 Autumn Convention with full members' participation in all its activities.

The Club came second in the Decathlon, two members came second in their category of the Club Challenge and Terry O'Meara won the "I fell strongly" exercise.

#### ***7. CHRISTMAS MEETING***

##### **Club activity description:**

Annually the club holds a joint Christmas meeting with Club 21.

The last Christmas meeting was held on 13th December 2005 with the next one scheduled for 12<sup>th</sup> December 2006. This is a very entertaining meeting with a special Christmas dinner and many activities with Christmas theme. There is singing including Christmas carols, Secret Santa and a *real* Father Christmas, in all his regalia, to hand out the presents, a Christmas cake. The Club's annual awards are also presented by the Club's President. In 2005, the meeting finished with a review of the year by Alan Ham.

##### **Objective of activity:**

To foster fellowship between Rostrum Clubs, deliver a set of new exercises, develop new skills and generally have a really good time.

#### **Outcome or Result for the Club:**

A very well attended great fun night when members are encouraged to try new exercises as well as adding to the success of the event it allows social interaction between members and their spouses of the two clubs.

#### ***8. CLUB 15'S 2100<sup>TH</sup> MEETING ON 18<sup>TH</sup> JULY 2006***

##### **Club activity description**

A special joint meeting with Club 21 to celebrate Club 15's 2100<sup>th</sup> meeting. Members from both clubs presented speeches, two new members of Club 15 were inducted and cut the birthday cake.

##### **Objective of activity**

The purpose was to celebrate this significant milestone and give members of both clubs the opportunity to try different exercises in front of a larger audience.

#### **Outcome or Result for the Club**

24 Rostrum members including the President of Rostrum WA, Freeman Gloria Hancock, joined Club 15 in celebrating its 21<sup>st</sup> meeting.

#### ***9. CLUB 15'S 44<sup>TH</sup> BIRTHDAY***

##### **Club activity description**

Special meeting to celebrate Club 15's 44<sup>th</sup> birthday with other Rostrum members held on 5<sup>th</sup> September 2006.

##### **Objective of activity**

To celebrate with members from other clubs this significant milestone and give all Rostrum members the opportunity to try different exercises in front of a larger audience.

#### **Outcome or Result for the Club**

Great fun and a well attended event.