



## Topics for Prepared Speeches – June and July 2022

1. **Free topic** – choose any topic about which you have something to say.
2. **Let's not beat around the bush** – (*explanation- just say it as it really is, what it really means*).
3. **That was the straw that broke the camel's back** - (*explanation -it was the last in a series of unpleasant events that caused the final disaster*).
4. **Are we just chasing rainbows?** (*explanation- in following our desires are we are trying to do something that can't be achieved?*)
5. **"One cannot step twice in the same river"** – Heraclitus
6. **"Happiness is not an ideal of reason but of imagination"** – Immanuel Kant
7. **"Life must be understood backward, but it must be lived forward"** – Soren Kierkegaard
8. **"I don't know why we are here, but I'm pretty sure it is not in order to enjoy ourselves"**  
– Ludwig Wittgenstein
9. **It's just a matter of time.**
10. **Is being busy ruling our lives?**
11. **Why me?**
12. **Can we change?**
13. **One step forward and two steps back**
14. **Are we there yet?**
15. **Is that light at the end of the tunnel?**
16. **Hope.**
17. **They say there is nothing new in this world but is that true?**




# AGENDA ROSTRUM CLUB 17, MEETING NO. 2110

## AGENDA – 1<sup>st</sup> June, 2022

(Affiliated 18<sup>th</sup> February 1972)

**Wednesday evening 7.30pm – 9.00pm**

Activity	Person	Time
<p><b>7.30pm – Open meeting and welcome</b>            Ask member(s) to introduce guest(s).            Welcome guest(s)            Announce/Ask for apologies:</p> <p>Introduce Coach (seek information prior to meeting)</p>	<p><b>Chairperson:</b> Brian</p> <p>Micheal, Gary, Paul,            Christian, Devi, Shabab,            Mush, David N, Josh</p> <p>Sue</p>	<p>3-5 mins</p>
<p><b>Launchpad Activity 2</b> – Answer a Topical Question – with notice</p> <p>Ice Breaker Chairperson’s choice.</p>	<p>Alvin</p> <p>All remaining members (<u>if time permits</u>)</p>	<p>2/1.5 mins</p> <p>1.5/1 min each</p>
<p><b>Announcements</b></p>	<p>President/Members</p>	<p>2-5 mins</p>
<p><b>STRETCH/COFFEE/TEA BREAK</b></p>		<p>10 mins</p>
<p><b>PREPARED SPEECHES</b>  <i>Each speaker to speak to one of the subjects from the monthly topics list</i></p>	<p>Don            Yang            Hui            David T</p>	<p>5/4 mins</p>
<p><b>8.45pm – Coach</b></p>	<p>Sue</p>	<p>12/10 mins</p>




# AGENDA ROSTRUM CLUB 17, MEETING NO. 2111

## AGENDA – 8<sup>th</sup> June, 2022

(Affiliated 18<sup>th</sup> February 1972)

**Wednesday evening 7.30pm – 9.00pm**

Activity	Person	Time
<p><b>7.30pm – Open meeting and welcome</b>            Ask member(s) to introduce guest(s).            Welcome guest(s)            Announce/Ask for apologies:</p> <p>Introduce Coach (seek information prior to meeting)</p>	<p><b>Chairperson:</b> Don</p> <p>Gary, Paul, Christian, Shabab, Mush, Josh</p> <p>David T</p>	<p>3-5 mins</p>
<p><b>Launchpad Activity 3</b> – Answer a Topical Question – without notice</p> <p>Ice Breaker Chairperson’s choice.</p>	<p>Alvin</p> <p>All remaining members (<u>if time permits</u>)</p>	<p>2/1.5 min</p> <p>1.5/1 min each</p>
<p><b>Announcements</b></p>	<p>President/Members</p>	<p>2-5 mins</p>
<p><b>STRETCH/COFFEE/TEA BREAK</b></p>		<p>10 mins</p>
<p><b>PREPARED SPEECHES</b>  <i>Each speaker to speak to one of the subjects from the monthly topics list</i></p>	<p>Micheal            Devi            Brian            David N</p>	<p>5/4 mins</p>
<p><b>8.45pm – Coach</b></p>	<p>David T</p>	<p>12/10 mins</p>




# AGENDA ROSTRUM CLUB 17, MEETING NO. 2112

## AGENDA – 15<sup>th</sup> June, 2022

(Affiliated 18<sup>th</sup> February 1972)

**Wednesday evening 7.30pm – 9.00pm**

Activity	Person	Time
<p><b>7.30pm – Open meeting and welcome</b> Ask member(s) to introduce guest(s). Welcome guest(s)</p> <p>Announce/Ask for apologies:</p> <p>Introduce Trainee Coach (seek information prior to meeting) Introduce Supervising Coach (seek information prior to meeting)</p>	<p><b>Chairperson:</b> Josh</p> <p>Gary, Christian, Devi, Shabab, Alvin, Don, Mush, David N</p> <p>Hui</p> <p>Brian</p>	3-5 mins
Ice Breaker Chairperson's choice.	All remaining members ( <u>if time permits</u> )	1.5/1 min each
<b>Announcements</b>	President/Members	2-5 mins
<b>STRETCH/COFFEE/TEA BREAK</b>		10 mins
<p><b>PREPARED SPEECHES</b> <i>Each speaker to speak to one of the subjects from the monthly topics list</i></p> <p><b>Chairperson's Fiendish Exercise</b></p>	<p>Yang Paul Sue</p> <p>Decided on the night</p>	<p>5/4 mins</p> <p>As time permits</p>
<p><b>8.40pm – Trainee Coach</b> – to evaluate the whole meeting</p> <p><b>8.55pm – Supervising Coach</b> – to evaluate the Trainee Coach</p>	<p>Hui</p> <p>Brian</p>	<p>12/10 mins</p> <p>4/3 mins</p>




## AGENDA ROSTRUM CLUB 17, MEETING NO. 2113

### AGENDA – 22<sup>nd</sup> June, 2022

(Affiliated 18<sup>th</sup> February 1972)

### Wednesday evening 7.30pm – 9.00pm

Activity	Person	Time
<p><b>7.30pm – Open meeting and welcome</b> Ask member(s) to introduce guest(s). Welcome guest(s)</p> <p>Announce/Ask for apologies:</p> <p>Introduce Coach (seek information prior to meeting)</p>	<p><b>Chairperson:</b> Yang</p> <p>Gary, Christian, Devi, Mush</p> <p>Micheal</p>	3-5 mins
Ice Breaker Chairperson's choice.	All remaining members ( <u>if time permits</u> )	1.5/1 min each
<b>Announcements</b>	President/Members	2-5 mins
<b>STRETCH/COFFEE/TEA BREAK</b>		10 mins
<p><b>Toolbox Training Tip - Gesture</b></p> <p><b>PREPARED SPEECHES</b> <i>Each speaker to speak to one of the subjects from the monthly topics list</i></p>	<p>Don</p> <p>Hui David N David T Sue</p>	<p>3/2 mins</p> <p>5/4 mins</p>
<b>8.45pm – Coach</b>	Micheal	12/10 mins




# AGENDA ROSTRUM CLUB 17, MEETING NO. 2114

## AGENDA – 29<sup>th</sup> June, 2022

(Affiliated 18<sup>th</sup> February 1972)

**Wednesday evening 7.30pm – 9.00pm**

Activity	Person	Time
<p><b>7.30pm – Open meeting and welcome</b>            Ask member(s) to introduce guest(s).            Welcome guest(s)</p> <p>Announce/Ask for apologies:</p> <p>Introduce Coach (seek information prior to meeting)</p>	<p><b>Chairperson:</b> Don</p> <p>Gary, Mush, David T</p> <p>Brian</p>	3-5 mins
Ice Breaker Chairperson's choice.	All remaining members ( <u>if time permits</u> )	1.5/1 min each
<b>Announcements</b>	President/Members	2-5 mins
<b>STRETCH/COFFEE/TEA BREAK</b>		10 mins
<p><b>Launchpad Activity 1 – About Me</b></p> <p><b>PREPARED SPEECHES</b>  <i>Each speaker to speak to one of the subjects from the monthly topics list</i></p>	<p>Shabab</p> <p>Paul            Christian            Devi            Josh</p>	<p>3/2 mins</p> <p>5/4 mins</p>
<b>8.45 - Coach</b>	Brian	12/10 mins